Mystery Case:
Scalpel sign
Dorsal thoracic arachnoid web

A 44-year-old man presented with 1 year of gradually progressive lower limb weakness and numbness and bowel and bladder incontinence. Neurologic examination revealed a T8 spinal sensory level and spastic paraparesis. Preoperative imaging (figure) of the thoracic spine revealed the scalpel sign, a radiologic entity diagnostic of a dorsal thoracic arachnoid web. The lesion was surgically and histologically confirmed as an arachnoid web. Clinical deficits and the cord signal abnormality resolved postoperatively. Arachnoid webs are bands of arachnoid tissue extending to the pial surface, causing focal dorsal indentation of the thoracic cord. Early identification followed by surgery appears to result in good functional recovery.

DISCLOSURE
The authors report no disclosures relevant to the manuscript. Go to Neurology.org for full disclosures.

REFERENCE

MYSTERY CASE RESPONSES
The Mystery Case series was initiated by the Neurology® Resident & Fellow Section to develop the clinical reasoning skills of trainees. Residency programs, medical student preceptors, and individuals were invited to use this Mystery Case as an educational tool. Responses were solicited through a group e-mail sent to the American Academy of Neurology Consortium of Neurology Residents and Fellows and through social media.

All 7 respondents recognized the signal change in the thoracic spinal cord and the focal distortion in the shape of the cord. A total of 57% proposed a spinal cord vascular abnormality like an arteriovenous malformation or a dural arteriovenous fistula, while others suggested an intramedullary neoplasm.

Figure
CT myelogram and MRI of thoracic spine

Sagittal CT myelogram of thoracic spine demonstrates the scalpel sign. The arrow shows focal indentation of the dorsal thoracic cord resembling a scalpel with blade (A). T2-weighted MRI thoracic spine demonstrates increased cord signal at T7/T8 (arrow) (B).

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Whereas these are appropriate considerations in this type of presentation, the finding of dorsal indentation in this case was due to a dorsal thoracic arachnoid web. This type of web is an extramedullary transverse band of arachnoid tissue that extends to the dorsal surface of the spinal cord, resulting in mass effect and a dorsal indentation. This indentation is called the scalpel sign because of its apparent resemblance on sagittal imaging to a scalpel with its blade pointing posteriorly. It is worth noting that syringomyelia is often present above or below the level of cord indentation.

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