

Table 1a. Characteristics of Control Group subjects who completed the study and Control Group subjects who discontinued from the study

	<b>Completed* (n = 10)</b>	<b>Discontinued* (n = 4)</b>	<i>p Value</i>	<b>95% CI</b>
Age	51.4 ± 13.9	52.8 ± 12.3	0.87	(-18.27, 15.57)
Onset (Months)	16.4 ± 15.0	12.8 ± 7.1	0.66	(-13.70, 20.99)
ALSFRS	36.6 ± 2.4	35.2 ± 3.6	0.92	(-3.42, 3.12)
U/E and L/E scores	18.1 ± 2.0	17.8 ± 2.8	0.80	(-2.52, 3.22)
FSS	36.2 ± 15.4	44.3 ± 23.5	0.46	(-30.96, 14.86)
% predicted FVC	100.5 ± 10.2	111.3 ± 22.5	0.23	(-29.20, 7.70)
U/E Mega Score	-8.5 ± 2.8	-7.8 ± 5.7	0.84	(-9.40, 8.09)
L/E Mega Score	-23.8 ± 4.4	-21.2 ± 5.7	0.36	(-9.15, 3.60)
Physical Function	18.2 ± 5.9	18.5 ± 6.4	0.93	(-8.06, 7.46)
Physical Role	5.5 ± 1.5	4.5 ± 1.0	0.03 <sup>†</sup>	(-0.80, -2.80)
Pain	10.2 ± 1.7	9.8 ± 1.1	0.65	(-1.58, 2.44)
General Health	16.9 ± 6.6	16.4 ± 4.2	0.89	(-7.31, 8.35)
Vitality	16.6 ± 4.6	12.5 ± 4.1	0.15	(-1.63, 9.83)
Social Function	7.9 ± 2.0	7.5 ± 1.7	0.73	(-2.07, 2.87)
Emotional Role	5.1 ± 1.2	5.3 ± 2.6	0.88	(-2.31, 2.01)
Mental Health	25.5 ± 2.8	22.0 ± 3.6	0.07	(-0.34, 7.34)

\*Mean ± SD

<sup>†</sup>Wilcoxon Rank test

Table 1b. Characteristics of Experimental Group subjects who completed the study and Experimental Group subjects who discontinued from the study

	<b>Completed*</b> (n = 8)	<b>Discontinued*</b> (n = 5)	<i>p</i> Value	<b>95% CI</b>
Age	56.1 ± 5.2	55.8 ± 11.8	0.94	(-9.69, 10.42)
Onset (Months)	21.8 ± 14.5	17.3 ± 8.7	0.59	(-12.87, 21.92)
ALSFRS	35.4 ± 3.6	34.8 ± 3.9	0.76	(-4.21, 5.59)
U/E and L/E scores	20.3 ± 3.0	18.9 ± 3.8	0.44	(-2.76, 5.93)
FSS	36.9 ± 11.9	21.0 ± 8.0	0.04	(-1.36, 30.46)
% predicted FVC	98.2 ± 5.2	97.3 ± 7.9	0.80	(-7.05, 8.99)
U/E Mega Score	-9.7 ± 4.8	-10.1 ± 4.9	0.88	(-5.92, 6.85)
L/E Mega Score	-20.5 ± 4.2	-18.9 ± 3.3	0.54	(-6.73, 3.70)
Physical Function	21.8 ± 7.5	23.8 ± 1.5	0.62	(-7.83, 3.89)
Physical Role	5.9 ± 1.5	7.5 ± 1.0	0.02 <sup>†</sup>	(-2.85, -0.37)
Pain	10.0 ± 1.3	10.9 ± 1.4	0.29	(-2.64, 0.87)
General Health	16.9 ± 2.9	18.5 ± 2.4	0.34	(-5.28, 2.00)
Vitality	14.8 ± 3.5	19.3 ± 1.0	0.03	(-8.47, -0.48)
Social Function	8.9 ± 1.8	9.0 ± 0.8	0.91	(-2.25, 2.03)
Emotional Role	5.3 ± 1.0	5.8 ± 0.5	0.45	(-1.60, 0.76)
Mental Health	23.9 ± 2.2	24.0 ± 3.6	0.95	(-3.60, 3.39)

\*Mean ± SD

<sup>†</sup>Wilcoxon Rank test

